DID YOU KNOW?

February 2023

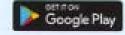


How to download our Sydney Health app:









- 1. Scan the QR code using the camera on your smartphone.
- 2. Make sure the QR code is inside the box on your screen.
- 3. Tap the pop-up notification that appears.





Anthem HealthKeepers has virtual care opportunities available through their Sydney Health app that can reduce your healthcare costs.

SYDNEY HEALTH APP

Once you download the Sydney Health app on your smartphone, you can receive:

- -comprehensive primary care, coordinated by a care team.
- -preventative care through wellness visits and lab screenings.
- -urgent or sick care, 24/7.
- -a personalized care plan and follow-ups.
- -unlimited access to care for common health concerns, as well as prescription refills and referrals.

GET THE APP

Download the Sydney Health app in the Apple App Store or get it on Google Play.

24/7 NURSELINE

Need care but don't want to download the app? Call 1-800-337-4770 to speak to a nurse any time.



email Tammy Waters at twaters@nkcps.k12.va.us

